

# Golden Palms Pure Delight (Signature Therapy)

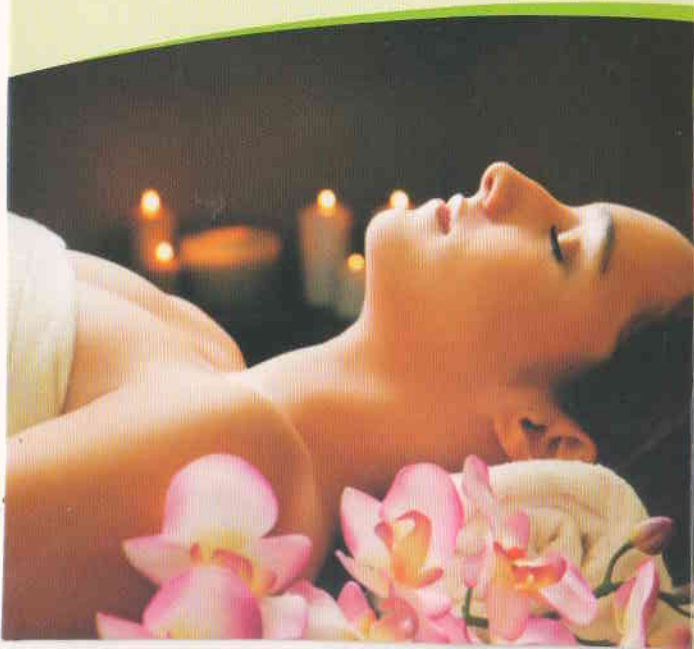
This royal treatment is signature to the brand The Golden Palms Hotel and spa is the combination of a prayer, revitalizing foot ritual, relaxing massage, invigorating scrub, followed by a soothing wrap. The Golden Palms signature spa therapy has been devised to address guests increasing desire for simple, effective and authentic spa experience. The treatment begins with a private therapist consultation in order to determine each individual's personal and current state of wellbeing followed by a revitalizing foot ritual and is designed to restore a natural state of equilibrium. The aroma oils are then tailored to each guest in order to leave the body, mind and spirit in perfect harmony.

**180 minutes – ₹ 4999**

## Face Care

**Ayurvedic rejuvenating facial - ₹ 1299**

**Gold facial - ₹ 1500**



## TERMS AND CONDITIONS

### **CHECK IN**

Please Check In at the spa reception 15 Minutes prior to your scheduled appointments

### **VALUABLES**

Golden Palm will not be responsible for the loss of money or valuables, please keep the same in the safe provided in the guest room or in locker.

### **CANCELLATION POLICY**

A 24 Hour cancellation notice is required to help us reschedule your appointments, subject to space availability

### **SPECIAL CONSIDERATION**

In case of Pregnancy, Allergies, High Blood Pressure, Heart conditions or any other Medical complications guests are advised to inform the spa reception, they will guide you for the consultation with our Spa In charge. During pregnancy aroma massage is not recommended.

### **ATTIRE**

Wear Comfortable attire. We will provide you disposable wears to wear during massage.

Luxury tax and service tax as applicable



**THE GOLDEN PALMS**  
HOTEL & SPA  
DELHI

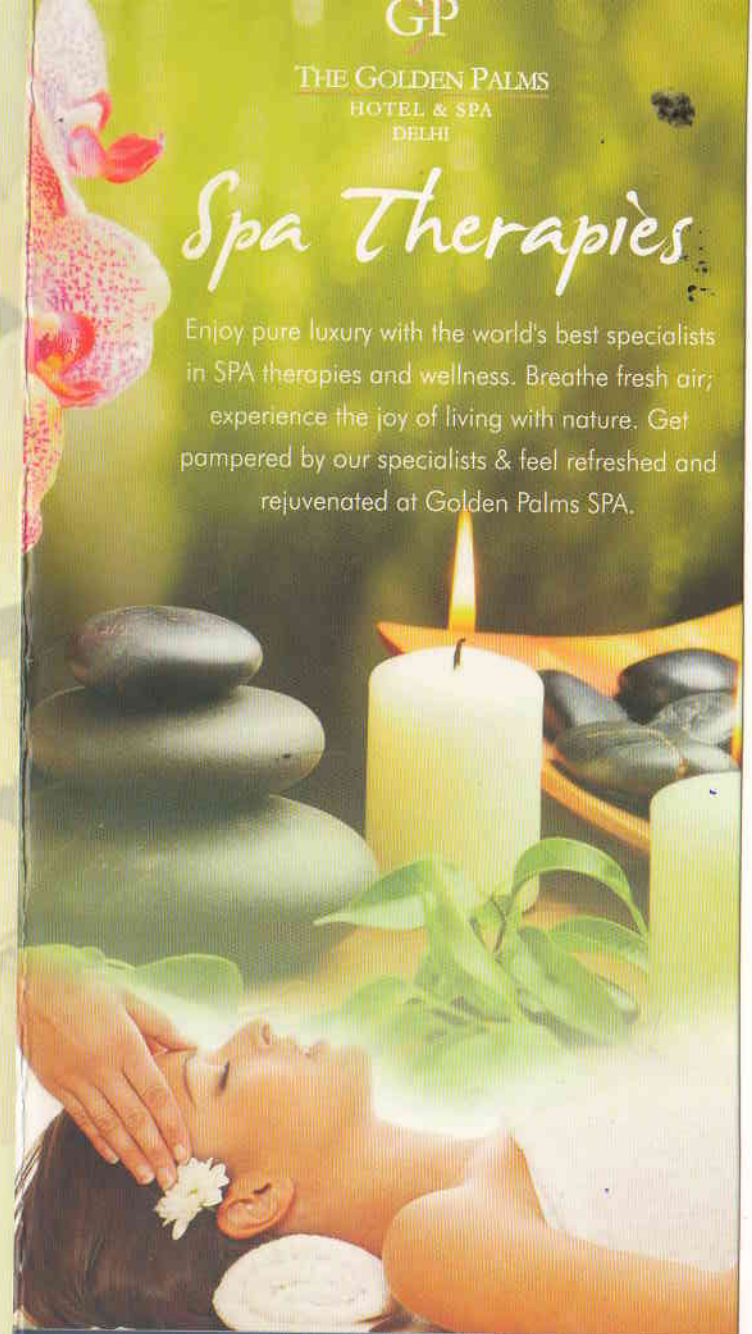
[www.goldenpalmsotel.com](http://www.goldenpalmsotel.com)

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# Spa Therapies

Enjoy pure luxury with the world's best specialists in SPA therapies and wellness. Breathe fresh air; experience the joy of living with nature. Get pampered by our specialists & feel refreshed and rejuvenated at Golden Palms SPA.



**For booking please contact:**

The Golden Palms Hotel and Spa,  
C-6/Opp.east Delhi police head quarter Patparganj,  
New Delhi- 110092. Tel-011-30193100

[www.goldenpalmsotel.com](http://www.goldenpalmsotel.com)



## Blissful Massage Therapies

### Swedish Spirit

A classic oil massage for the whole body using basic Swedish movements to improve general circulation, reduce tension and relax the body

**60 Minutes - ₹ 1499**

### Aromatic Body Bliss

This massage combines the nurturing art of human touch with the use of pre-blended aromatherapy oils to restore balance and relax the body and mind.

**60 Minutes - ₹ 1999**

### Balinese Massage

This Balinese traditional village massage uses aromatic oils and a combination of acupressure and skin rolling movements to relax the body and restore balance.

**60 Minutes - ₹ 1799**

### Palms Ayurveda

A time tested classical Indian massage where medicated warm oils prepared with 10 to 20 herbs is applied to the whole body & massaged. This technique balances the Tridohas (Vata, Pita & Kapha) & releases stored up stress from the mind and body working through deeper levels of the being.

**60 Minutes - ₹ 1999**

### Holistic back, Face and Scalp

Luxurious massages using aromatic oils to improve circulation. Reduce muscular tension, and nourish and condition the skin. The perfect stress reliever.

**60 Minutes - ₹ 999**

### Foot Reflexology

treatment activates energy points of the foot and induces a whole body relaxation relieving the stress.

**30 Minutes - ₹ 999**

### Royal Scalp

Wonderful therapeutic scalps massage using warm nourishing oil to rejuvenate and condition your hair and scalp.

**20 Minutes - ₹ 699**

### Essential Back

A classic oil massage using a unique blend of Aroma oils which concentrates on the back, neck and shoulders to warm the muscles and relieve tension.

**30 Minutes - ₹ 899**

### Healing Hands

A unique treatment, which combines gentle exfoliating, and tension relieving oil massage on the hands and the forearm.

**30 Minutes - ₹ 999**

### Oriental Foot Reviver

Indulge in a warm flower filled footbath to ease sore and aching feet before experiencing a balancing foot massage to relax and create a sense of well-being.

**30 Minutes - ₹ 1299**

## Luxurious Body Wraps & Exfoliations

### The Crystal Salt Scrub

An invigorating body scrub using sea salt and almond oil to stimulate the circulation and remove dead skin cells. A refreshing mint gel is applied to the body with a loofah to clean the skin.

**30 Minutes - ₹ 1599**

### Indian Papaya and Rose Body Glow

Exclusive to Golden palms Spa, this delicate blend of fruits and flowers will gently remove dead skin cells leaving the skin feeling soft and smooth. Combining with this, experience the therapeutic and calming effect of the free floatation

**30 Minutes - ₹ 1599**



### Crushed Almond & Strawberry Smoother

A unique combination of nourishing oils, vitamins and exotic fruits to energize and soften the skin. A gentle exfoliation to suit delicate and sensitive skin.

**30 Minutes - ₹ 1599**

### Almond and honey delight

An exclusive combination of almond and honey will gently exfoliate the dead skin cells and nourishes the newborn skin cells leaving the skin glowing.

**30 Minutes - ₹ 1599**



Luxury tax and service tax as applicable

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